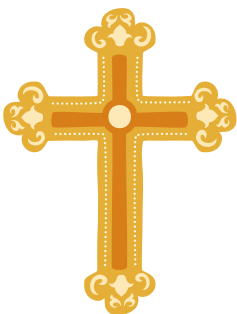


Fall Reading Plan

As you watch the leaves change their color and feel the air turn chilly, transformation is in the air - use this fall reading plan to strengthen your faith and relationship with God. Complete one square each day, or one every other day, and you will journey with significant parts of the Old Testament this fall.

Invite a few friends or family members to join your journey - it will make the transformation or your heart that much more fruitful.



Day 1

Read Jeremiah 29:11. Name 3 things you are hopeful for.

Day 2

Isaiah 41:10. Name 3 fears that God can bring peace to in your life.

Day 3

Read 2 Cor 13:5. Complete an examen at the end of the day: <https://www.ignatianspirituality.com/the-steps-of-the-examen/>

Day 4

Read Haggai 2:6-9. Name 1 way God has shaken up your life.

Day 5

Read Matt 7:1-5. Anonymously perform a kind deed for someone in your community.

Day 6

Read Psalm 57:8-12. Choose your favorite church hymn to pray with.

Day 7

Read Proverbs 16:9. Reflect on a time in your life when your plan was changed for the better. Give gratitude to God.

Day 8

Read Sirach 15:14-17. Reflect on this past week. Name 1 time that you chose something life-giving. Name 1 thing you can do to be life-giving to those around you.

Day 9

Read Matt. 5:13-16. Be a light in someone's life - reach out someone in need.

Day 10

Read Luke 4:1-13. Re-read verse 12 and pray to have the same attitude as Jesus.

Day 11

Read Revelations 21:4. Call someone who may need spiritual encouragement.

Day 12

Read Colossians 2:7. Name 3 things you are grateful for today.

Day 13

Read Acts 9:1-19 passage 3 times. Reflect with one line in the passage that sticks out to you. What does the line mean to you?

Day 14

Read Philippians 4:6-8. Take one week to try daily meditation practice. Sit in silence for 2 minutes each day.

Day 15

Read the conversion story of St. Ignatius of Loyola. Name 1 part of yourself that you can relate to in St. Ignatius's conversion story.

Day 16

Read Matt. 5: 1-12. Which Beatitude stands out to you? Pray for what meaning it brings to you for this week.

Day 17

Read Daniel 6. Offer praise to God for His protection and care in your life.

Day 18

Read James 2:14-26. Do one act of service for your community.

Day 19

Read Psalm 16:8. Think of one person in your life who helps give you strength. Pray of gratitude for this person and your community.

Day 20

Read James 4:1-12. God seeks unity, not division, not uniformity. How can you live seeking unity?